

Catawba County Public Health

www.catawbacountync.gov/phealth

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FREE PERTUSSIS VACCINATION CLINICS BEING HELD IN CATAWBA COUNTY

HICKORY, NC – Catawba County Public Health is offering two free Tdap clinics in July:

- Monday, July 9 at Banoak Elementary School, 4:00 7:00 p.m.
- Saturday, July 14 at the Health First Center at Valley Hills Mall, 10:00 a.m. 2:00 p.m.

The Tdap vaccine protects against pertussis, also known as whooping cough. The vaccination is recommended for the following individuals:

- Adults and children (7 years or older) who have not already received the Tdap vaccine or have not received it in the past 5 years.
- Children entering the 6th grade, which is a state requirement.
- Anyone who will be around infants (parents, grandparents, guardians, aunts, uncles, friends, cousins, caregivers, etc.).
- Pregnant women (beyond 12 weeks).
- Family members of those who are immune comprised, which may include people with underlying health conditions or people over 65 years of age.

Participants are asked to bring their insurance cards to the clinics, which are open to all residents.

Free Tdap vaccinations are also available Monday through Friday at Catawba County Public Health. Appointments can be made by calling (828) 695-5800, and walk-ins are welcome between 8:00 a.m. and 5:00 p.m.

"Being up to date on vaccinations is one of the best ways to prevent illness," said Doug Urland, director, Catawba County Public Health. "Knowing that pertussis is on the rise across North Carolina, we are extending our immunization services into the community to help make the Tdap vaccine more accessible while it's free."

According to the CDC, pertussis is a respiratory illness commonly known as whooping cough. It is usually spread from person to person by coughing or sneezing while in close contact with others. The best method of prevention is getting vaccinated.

Located in Hickory, N.C., Catawba County Public Health provides health and education services to eligible men, women, and children in the community. For more information, please call (828) 695-5800 or visit www.catawbacountync.gov/phealth/pertussis.

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"Leading the Way to a Healthier Community"





